

## JOIN US IN CELEBRATING THE VNA's 35th Anniversary!



*This year, 2010, marks the 35th anniversary of the Visiting Nurse Association of the Treasure Coast. How things have changed! Consider these statistics from over the years:*

- Our organization began in 1975 with just one nurse and one home health aide...today we are one of the five largest employers in Indian River County with more than 500 associates.
- In 1976, our second year of operation, we made just over 1,600 patient visits...last year, our clinicians made more than 66,000 home visits.
- In 1986, we provided thirty-seven local residents with hospice care...last year, we provided compassionate, end-of-life care to nearly 1,100 Indian River County residents.
- In 1988, approximately fifty-three VNA volunteers provided 2,000 volunteer hours of service...last year, more than 400 VNA volunteers donated nearly 36,000 volunteer hours.
- In 1991, our inaugural VNA Golf-A-Thon raised \$25,000... last year's event raised more than \$185,000 for charitable care and program support for our organization.
- In 1994, we provided more than 3,000 flu shots through our "Shoo the Flu" immunization program...last year, we provided more than 11,000 flu shots.

Yes, our organization has changed and grown considerably from its humble beginnings, but one thing remains the same, an ongoing dedication to our friends and neighbors in need of healthcare... wherever they call home. If you, or a loved one, are in need of assistance, please contact us today at 772.567.5551.



## WHAT'S INSIDE

3 New Medical Information System

5 Answer Nurse

8 Wish List

11 VNA Golf-A-Thon Celebrates 20 Years

# CEO's Message



JAMES NEWBROUGH,  
PRESIDENT AND CEO

I joined the VNA as President and CEO just sixteen short months ago in July of 2008. In January of 2010, I will say goodbye to Vero Beach and move on to a new phase in my life. I am relocating my wife and children back to Ohio to be closer to our parents and extended family. The decision to leave was very difficult because of the wonderful people that make the VNA so special and the great community that has been so very welcoming. I was not with the VNA long enough to leave a legacy, however I do believe that I have made significant changes that will prepare this organization for a bright and prosperous future.

During my tenure, we built a strong leadership team and fostered an environment of engagement. We made significant improvements in controlling our expenses and have strengthened the financial position of the company. We listened to our associates and made strides to improve the VNA as an employer. This initiative earned us a “2009 Best Places to Work” award in Indian River County. We also implemented a new focus on customer service to help us gain a competitive advantage in the marketplace. We selected and purchased new technology to allow us to be more efficient and cutting-edge. We integrated our telehealth technology into our disease management programs and are demonstrating improved outcomes in our care. We continue to look for innovative solutions to build upon the great reputation and strength of the VNA and help lay the foundation for future growth. All of these initiatives have been championed by the Senior Leadership team, supported by our Board of Directors, and embraced by our community of patients, family members, physicians, volunteers, donors, and staff.

As I leave the VNA, I am encouraged by the collaboration that I see between management, staff, boards, and other community partners. Our organization has taken a leadership role in meeting the healthcare needs of this community. The staff, volunteers, and our generous donors are the reason that the VNA is so special. Please continue to support the VNA with your generous donations of time and treasure. Your support will allow our great caregivers to continue to build a world-class home health and hospice organization.

As you find and embrace a new leader for the VNA, help him or her to understand the history and tradition of the VNA and the importance of this organization to our community. Work collaboratively with this new leader, as you did with me, and incorporate his or her ideas into a strategic vision for continued success. The VNA is a great organization and the Treasure Coast is a great place to live. I will miss you all and wish each of you “all the best.”

With greatest admiration,  
Jim Newbrough, President and CEO

# VNA Launches New Electronic Medical Information System



*Homecare-Homebase promises gains in efficiency, increase in productivity, and additional contact time for patients and clinicians.*

The VNA has begun rolling out a new medical information system called Homecare-Homebase, which literally puts state-of-the-art computing tools into the hands of our skilled field staff.

At the heart of the new system is a powerful, rechargeable, hand-held, phone-like device that allows field staff to access patient information quickly and securely, making patient care and record keeping much more efficient.

The new system is web-based and runs on cellular technology, meaning staff will no longer be burdened with cumbersome and sometimes fickle phone hookups. In addition, access to patient information will also be more reliable in the wake of a tropical storm or hurricane.

The VNA made this major change because our current medical information system, installed more than a decade ago and designed long before that, is no longer capable of meeting the demands of our complex organization.

“This technology, explains James Newbrough, the agency’s President and Chief Executive Officer, “will allow healthcare practitioners to spend more time on the important aspect of a home visit, which is the patient and their family, rather than taking care of the technology.”

By reducing paperwork, supply ordering time, and creating other new efficiencies, Homecare-Homebase should allow the VNA to increase the number of staff visits from the current four-per-day to at least six-per-day.

We also expect the new system to increase patient contact time and reduce the need for nurses and other staff members to spend valuable time in the evening at home attempting to complete documentation, and then upload their reports.

Finally Homecare-Homebase will give VNA business managers real-time information in a form that lets them make immediate decisions to correct problems or respond to new opportunities.

# Private Duty Nursing



Private duty care is “self pay,” and includes any care that is not covered by Medicare, Medicaid, or third party insurances. Private duty may include skilled nursing care, provided by RN’s or LPN’s; semi-skilled care, provided by Certified Nursing Assistants and Home Health Aides; or companions, who provide non-medical assistance.

Private duty services are provided to a client in their respective home, which can be a free standing house, a condominium, an apartment, an assisted living facility, or a skilled nursing facility. Private duty services can also be provided to those receiving hospice care.

One of the many benefits of private duty nursing that is it enables the patient to be at home with their family, in familiar surroundings. And private duty services can be arranged for a person of any age!

For more information about how private duty care may be able to help your loved one, please call 772.778.0159.

# Please Join Us in Welcoming...



## **JIM MANAHAN** CHIEF FINANCIAL OFFICER

Jim joined the VNA in September 2009 as our Chief Financial Officer. He recently moved to Vero Beach from Vermont to accept his current position and brings more than twenty years of financial, accounting, and managerial

experience. Jim started his financial experience as a tax analyst, and he advanced his career with several different agencies, including statewide VNA agencies in Vermont. Jim is delighted to be working with such a dedicated team, "because home is where the heart is," he says. Jim will be responsible for overseeing the VNA's fiscal operations and financial reporting and will provide management and direction for the organization's finance department. He received his BA in Business Administration from Lyndon State College and his Master's of Business Administration at the University of Vermont.



## **SARAH MONDANO** VICE PRESIDENT OF BUSINESS DEVELOPMENT AND SALES

Sarah is responsible for operation of our intake/referral center, coordination of our hospital and community liaison activities, medical record keeping, clinical/financial evaluation

of patient referrals, management of referral data, and medical coding. She is a nurse by training, having earned her nursing degree from Duke University. Sarah has been involved in healthcare business development, sales, and marketing for over twenty years. She is a life-long resident of Vero Beach and has close relationships with many local physicians and healthcare providers. Sarah will be adding her expertise to grow the agency's business as well as oversee our customer service initiatives.

# VNA Space Coast

## OUR BREVARD COUNTY BRANCH

You may not know it, but the VNA of the Treasure Coast maintains an office in Brevard County. Located on Sarno Road in Melbourne, VNA Space Coast serves central and south Brevard County.

The VNA Space Coast office provides skilled nursing care, physical, speech and occupational therapies, home health aides, and in-home telemonitoring to Brevard County residents. Community Wellness is also a part of Space Coast services and includes monthly blood pressure and blood sugar screenings, seasonal flu and pneumonia vaccination clinics, and participation in area health fairs and presentations.

VNA Space Coast offers high-quality patient care. In fact, it was named to the 2008 HomeCare Elite, an annual review that identifies the top 25 percent of Medicare-certified home healthcare providers in the United States ranked by an analysis of performance, measures in quality outcomes, quality improvement, and financial performance.

Recently, VNA Space Coast expanded its services with the addition of registered dietitian Cheryl Marsland. Cheryl can provide in-home consultations, education, and a personalized approach to diet management for patients living with chronic illnesses such as congestive heart failure, diabetes, and hypertension. Cheryl's expertise is a valuable benefit for our patients and can help them better understand the importance of maintaining a proper diet in order to self-manage their chronic illnesses.

You can contact our Space Coast office by phone at 321.752.7550 or toll free at 888.771.0260

# Answer Nurse

HEALTHY LUNGS



CARRIE PASCOE, ARNP

*Carrie Pascoe is an Advanced Registered Nurse Practitioner with the Visiting Nurse Association and is certified by the American Nurses Credentialing Center in Family Practice.*

**Q—Isn't smoking the cause of most lung diseases?**

A—Active smoking has been recognized as a major cause of disease and death for at least forty years. But in the past twenty years or so, evidence has shown

that exposure to environmental smoke (i.e., secondhand smoking) may also pose a significant threat to lungs. Scientific evidence indicates that there is no risk-free level of exposure to secondhand smoke. Even brief exposure can result in upper airway changes in healthy persons.

**Q—How can I protect my family from secondhand smoke?**

A—The Surgeon General has concluded that the only way to fully protect yourself and your loved ones from the dangers of secondhand smoke is through 100% smoke-free environments. Opening a window, sitting in a separate area, or using ventilation, air conditioning, or a fan cannot eliminate secondhand smoke exposure. It is best to make your car and home smoke-free. If you are a smoker, the single best way to protect your family is to quit smoking. According to the American Lung Association, lung cancer is the number one killer in the United States. But the good news is that it doesn't have to be. It is estimated that fully ninety percent of all lung cancers could be prevented if everyone quit smoking.

**Q—Can you identify some other lung diseases?**

A— Yes, there are more than thirty-five million Americans who have chronic lung disease. Asthma and chronic obstructive pulmonary disease (emphysema and chronic bronchitis) are the most common. Another interesting thing to note is that the lung disease death rate has been continuously increasing while the death rates due to other leading causes of death, such as heart disease, cancer, and stroke have been declining.

*The VNA Answer Nurse welcomes your questions. Please write or call: The VNA Answer Nurse, 1110 35th Lane, Vero Beach, FL 32960, 772.978.5636, or [answernurse@vnatc.com](mailto:answernurse@vnatc.com).*

*This material is for general information. To diagnose a specific illness or disorder, consult your doctor.*



## Mobile Unit Schedule

*The VNA Mobile Unit provides basic healthcare services free of charge for Indian River County residents who are without health insurance. Our Mobile Unit's nurse practitioners can examine patients, diagnose their illnesses, and prescribe medications.*

**Sunday** 9 a.m. – 3 p.m.  
Fellsmere Community Center  
32 North Broadway Street, Fellsmere

**Monday** 8 a.m. – 7 p.m.  
Winn Dixie Shopping Plaza  
2950 9th St. S.W., Vero Beach \*

**Tuesday** 8 a.m. – 7 p.m.  
Riverview Park  
U.S. Highway 1 and Harrison St., Sebastian \*

**Wednesday** 8 a.m. – 7 p.m.  
VNA Parking Lot  
1110 35th Lane, Vero Beach \*

**Thursday** 8 a.m. – 7 p.m.  
Gifford Youth Activity Center  
4875 43rd Avenue, Vero Beach \*

**Friday** 8 a.m. – 7 p.m.  
VNA Parking Lot  
1110 35th Lane, Vero Beach \*

**Saturday** 9 a.m. – 3 p.m.  
CVS Pharmacy  
8495 U.S. Highway 1, Wabasso

\* Closed for lunch from noon – 1 p.m.

# Hidden Treasures Volunteer

MARIA SOBKOWIAK

Ever notice the beautiful eye-catching window displays at VNA Hidden Treasures? Volunteer Maria Sobkowiak has been creating them for almost two years. Maria enjoys putting the monthly themed displays together, "I like being creative and I like seeing customers find their own hidden treasures," she says. She began volunteering with the VNA after her mother-in-law received VNA Hospice services in 2006. "I wanted to give back to the same organization that gave superior care to my mother-in-law and helped me cope and heal with her passing."



MARIA SOBKOWIAK

Maria, a native of Holland, has lived in Vero Beach for the last six years. She and her husband, Roger, keep busy volunteering their time in the community and enjoying their 14 grandchildren. Maria has a background in theater, dance, and costume design.

Interested in joining Maria as a Hidden Treasures volunteer? If you have a few free hours each week and are looking for a way to utilize your time and talent to support your community and VNA Hospice, then please consider donating your time to the VNA Hidden Treasures resale boutique! Hidden Treasures is seeking volunteers to assist with the day-to-day operations of the store, including running the cash register, arranging merchandise on the sales floor, and assisting with donation check-ins. Hidden Treasures offers a variety of volunteer opportunities and shifts to fit nearly any schedule.

VNA Hospice operates the Hidden Treasure resale boutique located at 656 21st Street in the Vero Beach Miracle Mile Plaza. Proceeds from the store help VNA Hospice provide care for Indian River County patients with life-limiting illnesses and also support the day-to-day operating expenses of the VNA Hospice House. The store is open Monday through Friday 9 a.m. – 7:00 p.m. and on Saturday 9 a.m. to 4 p.m. Donations are accepted during normal business hours.

*VNA Hospice is the only provider of hospice care in Indian River County.*

## Hospice Volunteer Training

BEGINS JANUARY 26TH

Are you interested in making a positive impact in the lives of local residents facing life-limiting illnesses? If so, VNA Hospice is offering a volunteer training class beginning January 26th. Participants will gain knowledge about VNA Hospice and its essential role in the community as well as the various volunteer opportunities available.

Training will be held on January 26, 27, and 29 and February 4, 5, and 8 from 12:00 p.m. - 4:00 p.m. at the VNA office, 1110 35th Lane, Vero Beach, in the third floor conference room. There is no cost to participate; however, space is limited and reservations are required. To reserve a space or for more information, please call Tracey Soethe at 772.978.5553.

## Interested In Volunteering?

If you are interested in volunteering, please contact Tracey Soethe at 772.978.5553.

# Success Continues at Camp Chrysalis



We all know there are many vulnerable children in our community. Some are hungry for food, while others hunger for the touch or voice of a parent, sibling, or close friend who has died suddenly or far too young.

For children who have not yet developed their verbal skills, a box of Crayons, a paint brush, a musical instrument, or a pen and journal can be powerful tools for communicating their grief. This is the premise of our Camp Chrysalis program and the reason for its success.

VNA Hospice's most recent Camp Chrysalis was held on October 17, 2009 at the Vero Beach Museum of Art, and was attended by sixteen local children. VNA bereavement counselors, volunteers, and activity leaders staffed this day long bereavement retreat for area children ages 7 – 12. Some of the camp activities included: painting, ceramics, outside activities, musical instrument participation, and small group sessions. These camp activities were designed to help children work through their grief and understand that their emotions are a normal part of the grieving process.

Camp Chrysalis is free and open to all Indian River County youth and is not limited to those who have been served by VNA Hospice.

*This event was made possible by generous support from the Clint S. Malone Memorial Fund through the Indian River Community Foundation.*

## Let Us Help You Through Trying Times

The VNA's "COPEs" program offers practical training and support to those caring for a sick loved one. The program is free of charge, and all are welcome to attend.

### COPEs Caregiver Support Group

**Third Thursday of every month**  
10:00 – 11:00 a.m

**First Presbyterian Church**  
1405 Louisiana Avenue, Sebastian

**Community Church of Vero Beach**  
1901 23rd Street, Vero Beach

VNA bereavement counselors offer guidance and support to individuals and families who have experienced the loss of a loved one. Services are available free of charge to all Indian River County residents. All are welcome to attend.

### Bereavement Support Group

**Tuesdays** 6:30 – 7:30 p.m.

**Crossroads Christian Fellowship Hall**  
10205 US Highway 1, Sebastian  
*This is a general bereavement group*

**Wednesdays** 1:30 – 3:00 p.m.

**Our Savior Lutheran Church**  
1850 6th Avenue, Vero Beach  
*This is a general bereavement group*

**Thursdays** 2:00 – 3:30 p.m.

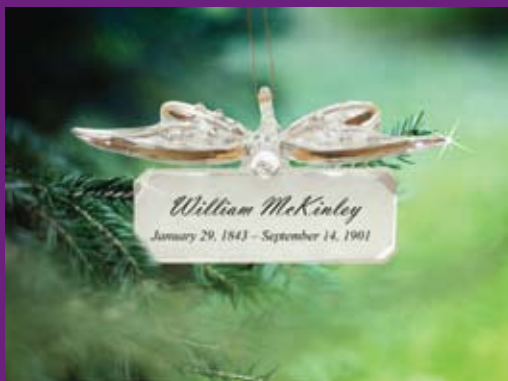
**Sebastian River Medical Center**  
13695 US Highway 1, Sebastian  
*This is a general bereavement group*

**Thursdays** 7:00 – 8:30 p.m.

**Community Church Library**  
1901 23rd Street, Vero Beach  
*This group is for parents who are coping with the loss of a child*

# 19th Annual Tree of Remembrance

VNA Hospice's 19th annual Tree of Remembrance celebration was a great success in 2009. The event raised \$7,763 through the sale of holiday ornaments and donations. For the first time, a personalized ornament was available in addition to the heart, angel, butterfly and dove ornaments. All proceeds help provide care to patients in Indian River County who face a life-limiting illness.



Community members shared special memories of loved ones by hanging "angel cards" on the tree. "teddy bear cards" were also available for children to color and hang on a small Teddy Bear Tree. The trees were located at the Indian River Mall from November 27 through Christmas Eve.

VNA's Tree of Remembrance program could not succeed without the commitment and support of the community and our volunteers. Thank you from the VNA!

If you would like more information about volunteering for next year's event or how to become a VNA volunteer, call Tracey Soethe at 978.5553 or for more information about VNA services, call 772.567.5551 or visit [www.vnatc.com](http://www.vnatc.com).

## Wish List

THANK YOU FOR HELPING US ACHIEVE A HIGHER STANDARD OF CARE!

Please call Beverly Smith at 772.978.5573 if you are interested in supporting us by purchasing any items from our wish list.

### Hidden Treasures Security & Surveillance System

While the ongoing economic slump has hurt sales at many local retailers, the economic downturn has had a secondary impact: an increase in the occurrence of shoplifting and theft. Unfortunately, the VNA Hidden Treasures resale boutique is not immune to these challenges. While a security system with twenty-four-hour monitoring currently helps to deter theft after hours, our aging video surveillance system is overdue for an upgrade. We would like to update our existing alarm system and integrate it with a new digital video surveillance and recording system. The upgraded security and surveillance system will continue to ensure the safety of store staff and volunteers (especially important now that we've expanded our evening hours to 7:00 pm), help to deter shoplifting, and make it easier to prosecute shoplifters should the need arise.

**Cost: \$5,995 for purchase and installation**

### PT/INR Machines

These devices are used to monitor the effectiveness of blood thinning drugs such as Warfarin (coumadin). Patients taking these drugs must be carefully monitored to prevent clots or excessive bleeding. Home health nurses are able to draw blood samples and obtain test results right in the patient's home. The patient's physician can be immediately contacted for medication changes, thereby increasing efficiency in care.

**Cost: \$1,500 each (2 needed)**

### Fingertip Pulse Oximeters

Our hospice nurses use these devices to assess oxygen saturation levels in patients with pulmonary disease.

**Cost: \$1,850 (10 at \$185 each)**

### Bladder Scanner

This machine will allow our clinical staff to assess bladder volume without using other invasive methods that may cause infection.

**Cost: \$11,840**

# Focus on Philanthropy



ANN MARIE MCCRYSTAL  
BOARD CHAIRMAN, VNA &  
HOSPICE FOUNDATION

It is hard to believe that thirty-five years ago in the fall of 1975, the VNA opened its doors for the business of providing home healthcare in Indian River County. In the beginning, the VNA provided services in the community with one registered nurse and one home health aide.

Home healthcare had not been provided in the community before 1975

and with physicians finding it more difficult to make house calls the VNA has become an extended arm of those physicians. Our skilled services cause a positive impact on patients, decreasing the frequency of visits to the doctor's office and the emergency room.

Today the VNA is providing the most advanced home health and hospice care to more than 5,000 of our neighbors in Indian River County alone, with more than 300 quality trained nursing staff and therapists using state of the art medical and technical equipment. More than 400 community members now volunteer for the VNA through board membership, as Hospice volunteers and at our VNA Hidden Treasures resale boutique.

As the VNA has grown, so has the need for our services. There are countless numbers of individuals that we serve in Indian River County experiencing distress due to difficult economic times who have lost their jobs and homes at a time when they are also in need of healthcare. The VNA will provide the same quality care to our neighbors who are struggling, and we rely on you, our donors, to make that happen.

We invite you to join our VNA team as we celebrate our thirty-fifth anniversary. Will you change one person's life forever? Consider your commitment in helping us to stretch beyond the exceptional and into the incredible as we go forward into the future providing the best care to the members of our community!



MIKE DEMING PRESENTS ON CHARITABLE LEAD TRUSTS

## Fall Seminar Helps to Educate Local Advisors

On November 10, 2009, forty professional advisors attended a Continuing Education Seminar at Quail Valley River Club presented by the VNA & Hospice Foundation. The three speakers provided by Wachovia/Wells Fargo included Mike Deming, Stephen Martin, and Paul Baldovin. They covered the topics of: charitable lead trusts, charitable remainder unitrusts, and charitable reverse mortgages. Attendees enjoyed a delicious breakfast buffet, had the opportunity to network with their peers, received new information from the educational sessions, and acquired three-hours of continuing education credit for their respective professional designations.

# Fall Seminar for Friends of VNA Focuses on “Life Income Gifts”



CHRISTI BUCK, CAROL KANAREK AND RICHARD JOHNSON

On November 10, 2009, a group of donors and friends of the VNA gathered at the Quail Valley River Club to learn about life income gifts. The session was conducted by Mike Deming and Stephen Martin, both financial advisors with Wachovia/Wells Fargo, and focused primarily on life income gifts with fixed rates, specifically CGAs (charitable gift annuities) and charitable remainder annuity trusts. The speakers pointed out that for older donors, there are almost no other vehicles that provide such a high fixed payout rate to annuitants. In addition, CGAs offer a portion of the annuity payment as tax-free income, in many cases 75% or more, as well as a substantial charitable contribution income tax deduction.

For more information on life income gifts, got to [www.vnadc.com](http://www.vnadc.com) and click on “Foundation” then “Planned Giving for Donors” and then “Gifts That Pay You Income.” If you prefer, simply contact Richard Johnson at 772.978.5574 or [rjohnson@vnadc.com](mailto:rjohnson@vnadc.com)

# Ninth Annual Nightingale Society Luncheon

CELEBRATED BY 70 VNA DONORS



MICHAEL BEECHAM, CAROL KANAREK AND JAMES LARGE, MD



AMELIA MERRY AND RUTH GLASS

On November 19, 2009 in the lovely Cobalt Room of the Vero Beach Hotel & Spa, the VNA & Hospice Foundation recognized, thanked, and informed seventy Nightingale Society members and guests at our ninth annual Nightingale Society Luncheon. Ann Marie McCrystal, Chairman of the VNA & Hospice Foundation board of directors, welcomed everyone and emphasized why VNA Nightingales are so important to the long-term success of the VNA’s mission. Jim Newbrough, President and CEO, gave a “State of the Agency” address and spoke about legislative concerns, including proposed Medicare cuts to the VNA’s home care and hospice reimbursement. Richard Johnson, Gift Planning Counselor, thanked all of the Nightingales for their thoughtfulness by including the VNA in their estate plans, including 27 new Nightingales in the past two years.

# VNA Golf-A-Thon Celebrates 20 Years



May 3, 2010 marks the 20th anniversary of the VNA's signature Golf-A-Thon fundraiser. The event will take place at the lovely Moorings Club and golf course. Twelve local golf professionals will meet early the morning of the event and commence in playing 135 holes of golf! Yes, 135 holes! Volunteers from each of the twelve clubs are diligently working to make the event a success and will be on hand the day of the Golf-A-Thon to assist the pros and keep them going.

Proceeds from the Golf-A-Thon provide quality health and hospice care to those individuals in our community who cannot otherwise obtain it due to financial need.

Donations and sponsorship opportunities are available and may be made online at [www.vnatec.com](http://www.vnatec.com) or by calling 772.978.5573 for more details.

## Make A Gift

Make a gift to the VNA & Hospice Foundation now and keep the income for life with a charitable gift annuity!

Age of Annuitant	Single Life Gift Annuity Payment Rates
60 – 69	5.0 – 5.6%
70 – 79	5.7 – 6.9%
80 – 89	7.1 – 9.2%
90+	9.5%

This information is provided as an educational service only. Rates are subject to change. For one-life or two-lives specific rate information, contact Richard Johnson at the VNA & Hospice Foundation at 772.978.5574 or email [rjohnson@vnatec.com](mailto:rjohnson@vnatec.com). For advice, contact your tax advisor.



1110 35th Lane • Vero Beach, FL • 32960  
www.vnatc.com

NON PROFIT  
ORGANIZATION  
U.S. POSTAGE  
**PAID**  
VERO BEACH, FL  
PERMIT #240



\*VNA accepts payment from Medicare/  
Medicaid, Private Pay, Private  
Insurance, Workers' Compensation  
and Veterans' Assistance.

## Mailing Information

If you receive multiple mailings, would like to update your address, or would like to be removed from our mailing list, please call 772.978.5546 or e-mail [mgardner@vnatc.com](mailto:mgardner@vnatc.com)

# VNA Hospice House Memorial Garden

Adeline Cenerelli, a volunteer known as “Addie” to those of us at the VNA and VNA Hidden Treasures resale boutique, sits in quiet reflection at the VNA Hospice House Memorial Garden. Addie’s husband, Ray, passed away at our Hospice House in July 2009.

“Few people know about the garden,” says Addie. “When my husband Ray was in the Hospice House, under the splendid care of the VNA, my daughter took a walk in the back and came across a pathway of bricks laid in memory of other patients.”

Family and friends have donated five memorial pavers to the garden as a tribute to their beloved Ray Cenerelli. Addie says, “Now when I come to the Hospice House and take a walk in the Memorial Garden, I’ll sit and meditate on the wonderful times we had in our life. I’ll pray for strength to carry on. It is just such a wonderful place, and we have it right here in Vero Beach. The bricks will last for years. Flowers die, but memories never do.”



ADELINE CENERELLI